

# ANGELA Y. LEE

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[Google Scholar](#)

## EDUCATION

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### Stanford University

Ph.D. in Communication

Ph.D. minor in Psychology

Doctoral Committee: Jeffrey Hancock, Byron Reeves, Jeremy Bailenson, Jeanne Tsai

Palo Alto, CA

2021 - 2025 (*exp.*)

### Stanford University

M.A. in Media Psychology

Thesis: "Promoting agency in experiences with social media to improve psychological well-being."

Palo Alto, CA

2019 - 2021

### Stanford University

B.A. in Communication

B.A. in Psychology

*Graduated with Honors, with Distinction, Phi Beta Kappa.*

*Recipient of Stanford Firestone Medal for Excellence in Research.*

Palo Alto, CA

2015 - 2019

## PEER-REVIEWED JOURNAL ARTICLES

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\*indicates co-first authorship

16. Lee, A.Y.\*, Jia, C.\*, Moore, R.C., Liu, S.X., Decatur, C., & Hancock, J. (in press). Collaboration, crowdsourcing, and misinformation. *PNAS Nexus*.
15. Lee, A.Y., & Hancock, J. (2024). Social media mindsets: A new approach to understanding the effects of social media use on psychological well-being. *Journal of Computer-Mediated Communication*, 29(1).  
<https://doi.org/10.1093/jcmc/zmab015>
14. Lee, A.Y.\*, Moore, R.C.\*, & Hancock, J. (2024). Building resilience to misinformation in communities of color: Results from two studies of tailored digital media literacy interventions. *New Media & Society*.  
<https://doi.org/10.1177/146144482412278>
13. Schreurs, L., Lee, A.Y., Hancock, J. (2024) When adolescents' self-worth depends on their social media feedback: A longitudinal investigation with depressive symptoms. *Communication Research*.  
<https://doi.org/10.1177/009365022412337>
12. Lee, A.Y., Ellison, N.B., & Hancock, J. (2023) To use or be used? The role of agency in social media and well-being. *Frontiers in Computer Science*. <https://doi.org/10.3389/fcomp.2023.1123323>
11. Quieroz, A.C., Lee, A.Y., Luo, M., Fauville, G., Bailenson, J. & Hancock, J. (2023). Video-conferencing harms well-being and social connection by causing Zoom fatigue. *Computers in Human Behavior*.  
<https://doi.org/10.1016/j.chb.2023.107968>
10. Fauville, G., Quieroz, A., Luo, M., Lee, A.Y., Bailenson, J., & Hancock, J. (2023). Video-conferencing usage dynamics and nonverbal mechanisms exacerbate zoom fatigue, particularly for women. *Computers in Human Behavior Reports*. <https://doi.org/10.1016/j.chbr.2023.100271>
9. Lee, A.Y., & Hancock, J. (2023). Developing digital resilience: An educational intervention improves elementary students' response to digital challenges. *Computers and Education*. <https://doi.org/10.1016/j.caeo.2023.100144>
8. Lee, A.Y., Moore, R. C., & Hancock, J. T. (2023). Designing misinformation interventions for all: Perspectives from AAPI, Black, Latino, and Native American community leaders on misinformation educational efforts. *Harvard Kennedy School Misinformation Review*. <https://doi.org/10.37016/mr-2020-111>
7. Lee, A.Y., Katz, R., & Hancock, J. (2021). The role of subjective construals on reporting and reasoning about social media use. *Social Media + Society*, 7(3), 20563051211035350. <https://doi.org/10.1177/2056305121103535>
6. Lee, A. Y., Moskowitz-Sweet, G., Pelavin, E., Rivera, O., & Hancock, J. T. (2021). "Bringing you into the Zoom": the power of authentic engagement in a time of crisis in the US. *Journal of Children and Media*, 15(1), 9195.  
<https://doi.org/10.1080/17482798.2020.1858437>

5. Moore, R. C., **Lee, A.Y.**, Hancock, J. T., Halley, M. C., & Linos, E. (2021). Age-related differences in experiences with social distancing at the onset of the COVID-19 pandemic: a computational and content analytic investigation of natural language from a social media survey. *JMIR Human Factors*, 8(2), e26043. <https://doi.org/10.2196/26043>
4. **Lee, A.Y.\***, Lossio-Ventura, J.A\*., Hancock, J., Linos, N., & Linos, E. (2021). Identifying silver linings with computational methods in the COVID-19 pandemic. *Frontiers in Psychology*, 12, 712111. <https://doi.org/10.3389/fpsyg.2021.712111>
3. Mieczkowski, H., **Lee, A.Y.**, & Hancock, J. T. (2020). Priming effects of social media use scales on well-being outcomes: the influence of intensity and addiction scales on self-reported depression. *Social Media + Society*, 6(4), 2056305120961784. <https://doi.org/10.1177/2056305120961784>
2. Yen, S. C., & **Lee, A.Y.** (2019). Jumpstart program efficacy: The impact of early childhood education advancement initiatives on low-income preschool children's literacy, agency, and social relations. *Cogent Education*, 6(1), 1592063. <https://doi.org/10.1080/2331186X.2019.1592063>
1. Yen, S. C., Lo, Y., **Lee, A.Y.**, & Enriquez, J. (2018). Learning online, offline, and in-between: comparing student academic outcomes and course satisfaction in face-to-face, online, and blended teaching modalities. *Education and Information Technologies*, 23, 2141-2153. <https://doi.org/10.1007/s10639-018-9707-5>

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## PEER-REVIEWED CONFERENCE PROCEEDINGS

- Lee, A.Y.**, Mieczkowski, H., Ellison, N. B., & Hancock, J. T. (2022). The algorithmic crystal: Conceptualizing the self through algorithmic personalization on TikTok. *Proceedings of the ACM SIGCHI Conference on Computer-Supported Cooperative Work & Social Computing (CSCW)*, 1-22. <https://doi.org/10.1145/3555601>

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## BOOK CHAPTERS

- Lee, A.Y.**, Schreurs, L., Liu, S.X., & Hancock, J. What makes social media use enhancing or harmful? In Harrison, V., Collier, A., & Adelsheim, S. (1st ed.). *Social Media and Youth Mental Health*. American Psychological Association Publishing. [\[book\]](#)
- Hancock, J. & **Lee, A.Y.** (2023). Understanding social media and well-being. In Goodboy, A., Schultz, K. (2nd ed.) *Introduction to Communication Studies*. Kendall Hunt Publishing Company. [\[book\]](#)

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## WORKSHOP PAPERS

- Kim, J.\*, Popowski, L\*., Fang, A., Pyle, C., Freeman, G., Kelly, R., **Lee, A.Y.**, Liu, F., Smith, A.D.R., To, A., & Zhang, A.X. "Envisioning new futures of positive social technology: Beyond paradigm of fixing, protecting, and preventing." *2025 ACM Conference on Computer-Supported Cooperative Work and Social Computing*.

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## REVISED & RESUBMITTED

- Lee, A.Y.** & Hancock, J. (revised & resubmitted, round 2) From dependency to agency: Changing social media use improves psychological well-being. *Journal of Communication*.
- Cerit, M., **Lee, A.Y.**, Hancock, J., Miner, A., Muise, D., Cho, M.J., Robinson, T., Ram, N., & Reeves, B. (revised & resubmitted, round 2). Smartphone use and mental health: Accounting for idiosyncrasy with person-specific models of intensive longitudinal data collected over one year. *Journal of Medical Internet Research*.
- Stevic, A., **Lee, A.Y.**, Liu, S.X., & Hancock, J. (under review) "Of loving and losing: The influence of dating app motivations and perceived success on psychological well-being." *Telematics & Informatics*.

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## MANUSCRIPTS IN PROGRESS

- Lee, A.Y.**, Neumann, E., Zaki, J., & Hancock, J. People overestimate social media toxicity. *to PNAS Brief Reports*.
- Lee, A.Y.**, Liu, S.X., & Hancock, J. "I'm not addicted to social media but you are": Investigating self-other differences in social media mindsets. *To be submitted to Computers in Human Behavior*.
- Lee, A.Y.**, Rapuano, K., Liebscher, A., Niederhoffer, K., & Hancock, J. Play to your strengths: The benefits of talking to a chatbot depend on how human-AI interactions are framed. *To be submitted to Communication Research*.
- Lee, A.Y.**, Liu, S.X., & Hancock, J. Parents' beliefs about children's social media use contribute to conflict and cohesion in the family. *To be submitted to Communication Research*.

## AWARDS, FELLOWSHIPS, & GRANTS

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### Awards & Fellowships

- Stanford Interdisciplinary Graduate Fellowship 2022 - 2025
- Nominated for Forbes 30 Under 30, Social Media 2025
- Stanford Graduate Public Service Fellowship 2021
- Stanford Social Impact Labs PhD Fellowship 2021
- Stanford Melville J. Jacoby Fellowship 2019
- Stanford Haas Center for Public Service Emerson Fellowship 2019
- Stanford Firestone Medal for Excellence in Research 2019  
(Awarded to the top 10% of undergraduate honors theses)
- Goldsmith Prize for Student Writing, Stanford Center for International Conflict and Negotiation 2017
- Research Fellowship with the National Alliance on Mental Illness 2017

### Grants

- TikTok Research Labs Grant (\$250,000) 2024
- Stanford Social Impact Labs Grant (\$500,000), Co-PI 2022
- Stanford Center for Philanthropy and Civil Society Research Grant (\$2,500) 2021
- Stanford Social Impact Labs Seed Grant (\$50,000) 2021
- Spectrum Center for Clinical, Translational Research & Education Innovation Accelerator Grant (\$50,000) 2021
- Stanford Center for Philanthropy and Civil Society Research Grant (\$2,500) 2021
- Stanford Student Projects for Intellectual Community Enhancement Grant (\$6,000) 2021
- Stanford Diversity & Innovation Fund Grant (\$5,000) 2020
- Stanford Major Research Grant (\$6,500) 2019
- 3x Stanford Small Research Grant (\$2,000) 2019, 2022, 2024

## TEACHING

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### 3x Instructor of Record

- *COMM114S: Communication Technology & Well-being* Summer 2024  
Designed and taught seminar with 25 undergraduate and graduate students.
- *COMM105S: Dynamics of Social Media: Dynamics of Social Media* Summer 2022  
Designed and taught online lecture course with 35 undergraduate students.
- *COMM322: Advanced Studies in Social Media Research* Fall 2022  
Co-instructor for undergraduate and graduate seminar with 40 students.

### 7x Teaching Assistant

- *COMM124: Truth, Trust & Technology* Winter 2021  
Undergraduate and graduate lecture with 100 students.
- *COMM1: Introduction to Communication* Fall 2020  
Undergraduate lecture with 120 students.
- *EDUC193A: Peer Counseling Skills* Winter, 2020, Spring 2020  
Undergraduate and graduate lecture with 70 students.
- *PSYCH1: Introduction to Psychology* Fall 2018, Spring 2019  
Undergraduate lecture with 250 students.
- *EDUC193P: Special Topics in Mental Health & Well-being.* Spring 2017  
Undergraduate and graduate seminar with 50 students.

### 49 Students Mentored:

- 26 undergraduate students at Stanford University
- 15 students from Foothill College, Ohlone College, Mission College, and De Anza College
- 8 high school students

## PRESENTATIONS

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### Invited Talks

- Institute for Research in the Social Sciences Aug. 2024
- Stanford University, CS152: Trust & Safety April 2024
- Stanford University, Computational Psychology Lab Mar. 2024
- Stanford Cyber Policy Center, Internet Observatory Feb. 2024
- Stanford University, Department of Communication Colloquium Dec. 2023
- Northwestern University, Lab for Scalable Mental Health Nov. 2023
- Foundry10, Digital Technologies & Education Research Group Oct. 2023
- Foothill Community College, PSY51: Applied Research Experience Oct. 2023
- Northeastern University, Department of Journalism, JRN3610: Digital Storytelling & Social Media Oct. 2023
- University of Illinois at Urbana-Champaign, Multimodal Approach to Network Information Dynamics Mar. 2023
- Cornell Tech, Social Technologies Lab Feb. 2023
- Stanford University, Human-Computer Interaction Seminar April 2022
- University of Zurich, Department of Communication April 2022
- Community Health Action Council of Mountain View July 2020

### Conference Presentations

- *Communication Horizons Conference. UC Davis, CA.* May 2024  
“Building resilience to misinformation through culturally responsive digital media literacy interventions.”
- *Society for Personality and Social Psychology. San Diego, CA.* Feb. 2024  
“Considering agency and valence mindsets across social technologies.”  
“Explaining heterogeneity in self-disclosure preferences to chatbots.”  
“The interpersonal cost of a glitch: Effects of technical issues on conversation dynamics and person perceptions.”
- *National Communication Association. National Harbor, MA.* Nov. 2023  
“Parents’ beliefs about children’s social media use contribute to conflict and cohesion in the family.”  
“A motivational mega-study: Increasing participation in skills-based misinformation interventions.”
- *Psychology of Technology Conference. Los Angeles, CA.* Nov. 2023  
“Beliefs about technology affect psychological well-being and mental health.”
- *Conference for Precision Mental Health. Stanford School of Medicine. Palo Alto, CA.* Nov. 2023  
“Person-specific patterns in smartphone use and mental health dynamics over one year.”
- *Connecting the EdTech Research Ecosystem Research (CERES) Annual Conference. Irvine, CA.* Sept. 2023  
“Social media mindsets and youth mental health.”
- *Trust & Safety Conference. Stanford Cyber Policy Center. Palo Alto, CA.* Sept. 2023  
“MediaWise en Español: Improving misinformation resilience among Spanish-speaking Latinos in the US.”
- *International Communication Association. Toronto, Canada.* May 2023  
“Mechanisms of social media mindsets: Appraisal effects and behavioral change on well-being.”  
“Investigating self-other differences in beliefs about social media.”  
“Effects of two digital media literacy interventions for diverse American communities.”  
“A scoping review of health (mis)information on TikTok.”  
“Social media mindsets predict disconnection and return to social media.”  
“Videoconferencing harms well-being and social connection by causing Zoom fatigue.”  
“Adolescents’ self-worth dependency on social media affects depressive symptoms.”  
“Examining fragmentation in smartphone use and psychological well-being.”
- *International Communication Association. Paris, France.* May 2022  
“Developing childrens’ resilience to digital threats with a skills-based intervention.”  
“The algorithmic crystal: Conceptualizing the self through algorithmic personalization.”
- *Stanford Community Health Symposium. Palo Alto, CA.* April 2022  
“Community-based interventions build resilience to COVID-19 misinformation.”
- *Harvard Conference for Women in Psychology. Online.* Feb. 2022  
“Exploring the relationship between self-efficacy and perceived social media addiction.”
- *Psychology of Technology Conference. Santa Barbara, CA.* Nov. 2021  
“Online together: Changing social media mindsets improves psychological well-being during COVID-19.”
- *Society for Personality and Social Psychology. Online.* Feb. 2021

- “Detecting deceptive links online.”  
*International Communication Association. Online.* May. 2021
- “The impact of implicit theories of social media use on psychological well-being.”  
*Intercollegiate Conference on Mental Health. Atlanta, Georgia.* Feb. 2020
- “Collegiate mental health infrastructure, resources, and peer support systems.”  
*Haas Fellowship Conference. Palo Alto, CA.* Oct. 2019
- “Reducing stigma towards help-seeking through community presentations on mental illness.”

## ACADEMIC SERVICE

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### Departmental Service

- Graduate Student Intellectual Engagement Chari Summer 2024 - Present
- Graduate Student Representative Spring 2020 - Summer 2024
- Communication for Diversity Team Leader Spring 2020 - Spring 2023
- Student Mental Health Liaison Fall 2019 - Spring 2021

### University Service

- Graduate Research Mentor, Institute for Research in the Social Sciences Fall 2020 - Present
- Graduate Writing Tutor, Hume Center for Writing & Speaking Fall 2019 - Spring 2021
- Graduate Student Advisor, Stanford Counseling & Psychological Services Fall 2018 - Spring 2020
- Student Representative, Stanford Board of Trustees Fall 2018 - Spring 2019

### Community Service

- Peer Counselor, The Bridge at Stanford Fall 2019 - Spring 2022
- Stanford Basic Needs Outreach Spring 2020 - Fall 2021
- Community Educator, My Digital Tat2 Fall 2018 - Spring 2021

### Reviewer for Peer-Reviewed Journals:

- *Journal of Computer-Mediated Communication*
- *Human Communication Research*
- *Communication Research*
- *New Media & Society*
- *Social Media + Society*
- *Computers in Human Behavior*
- *Harvard Kennedy School Misinformation Review*
- *British Journal of Educational Psychology*